



# 2023 Holiday Guide

Gearing up for your holiday shopping? Be sure to explore program savings on all kinds of gift options!

Visit [PHP.LifeBalanceProgram.com/promo/holidays23](https://PHP.LifeBalanceProgram.com/promo/holidays23) to access the 2023 Holiday Guide and view savings with the brands below and more!



Questions?

Contact LifeBalance Member Services at 888.754.5433  
or by email at [info@LifeBalanceProgram.com](mailto:info@LifeBalanceProgram.com).